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# HOCKEY EASTERN ONTARIO

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**One Team, One Mission, One Goal**



## MEMO

To: District Chairs, MHA's, Junior League, Junior Teams, SHEO, Special Hockey

CC: HEO Board of Directors, HEO Staff

From: Jeff Robert,

Development Programs Officer, HEO

Date: July 18, 2025

Re: **HEO NCCP Coaching Clinics and Trainer Courses for the 2025-2026 Season**

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Good afternoon,

HEO will be continuing with MHA hosted In Person coaching clinics for the 2025-26 season. MHA's are to apply to host Coaching Clinics through the online Portal. **Coach Clinics can start after Aug 24<sup>th</sup>**

**All coaches, Staff and Trainers will be required to take:**

**Gender Identity and Expression Course**

<https://page.spordle.com/heo/clinics/1f03fbd9-4d63-675a-aa3a-0283fb345b55>

**Respect in Sport for Activity Leaders**

[Respect in Sport for Hockey Canada Activity Leaders - Getting Started \(respectgroupinc.com\)](https://page.spordle.com/heo/clinics/1f03fbd9-4d63-675a-aa3a-0283fb345b55)

Here is a link coaches/staff can access to see what qualifications they will require:

<http://www.hockeyeasternontario.ca/pages/coach/coachcert.php>

**Trainer Course:**

Starting in July of 2024, HEO has moved from the HTO (Hockey Trainers of Ontario) course, to the Hockey Canada Safety Course for their Level 1 Trainer qualification. Level 1 Trainers who are currently qualified under the HTO are eligible until their HTO qualification expires. All new trainers are required to take the new Hockey Canada Safety course

**Level 1 Clinic**

English- <https://page.spordle.com/heo/clinics/1f03733f-83a6-675e-a80e-06ee120d0117>

French- <https://page.spordle.com/heo/clinics/1f037355-9563-608a-98ff-06ee120d0117>

## Level 2 Upgrade:

### [Trainer Level 2 | Hockey Eastern Ontario](#)

## Coaching Clinics

For the 2025-26 season all clinics will be conducted by HEO Instructors through the MHA. The MHA is responsible for booking the classroom and ice time, at their own expense. Refreshments etc.. for the coaches are at the MHA's discretion. Clinic criteria/information is as follows:

### Coach 1 and Coach 2:

- Hockey Canada has re vamped the online portion of the Coach 1 and Coach 2 clinics.
- They have removed the HU Online coach ½ and replaced it with the following:
  - ❖ Coach 1: for coaches coaching U7 and U9
    - Hockey Canada Coach 1
    - Hockey Canada Coach 1 – U7 (module specifically for coaches coaching U7)
    - Hockey Canada Coach 1 – U9 (module specifically for coaches coaching U9)
  - ❖ Coach 2: Hockey Canada Coach 2 for coaches coaching U11, and U13-18 Recreational
    - Hockey Canada Coach 2 - U11 (module specifically for coaches coaching U11)
    - Hockey Canada Coach 2 – U13 (module specifically for coaches coaching U13)
    - Hockey Canada Coach 2 – U15/18 (module specifically for coaches coaching U15)
  - ❖ Coaches are required to complete the age module for the level they are coaching.
  - ❖ For example:
    1. A new U7 coach must complete the following:
      - Hockey Canada Coach 1
      - Hockey Canada Coach 1 – U7 (module specifically for coaches coaching U7)
      - In Person Clinic: Coach 1 : Intro to Coach

Here is how it will show on the HCR for a new U7 Coach

2024-2025	● Coach	<b>Hockey Canada Coach 1</b> Hockey Canada Coach 1 program was designed to review the basic tools coaches need in leadership, communication, teaching skills and lesson planning. This is taught with special considerations of the youngest athletes in mind. Hockey Canada Coach 1 addresses the core knowledge every new coach must have as they begin their coaching career. <a href="#">Go to clinic &gt;</a>	-	Completed
2024-2025	● Coach	<b>Hockey Canada Coach 1 – U7</b> Hockey Canada Coach 1 – U7 <a href="#">Go to clinic &gt;</a>	-	Completed
2024-2025	● Coach	<b>Coach 1 - Intro to Coach</b>	-	Trained

### 2. A new U11 AA coach must complete the following

Hockey Canada Coach 2  
Hockey Canada Coach 2 – U11 (module specifically for coaches coaching U11)  
In Person Clinic: Coach 2: Coach Level

Here is how it will show on the HCR for a new U11 Coach

2024-2025	● Coach	<b>Hockey Canada Coach 2</b> Hockey Canada Coach 2 program follows the competency-based education and training method of learning and is an excellent course for all new and recreational-level coaches. The Hockey Canada Coach 2 program introduces player development, effective communication and supporting athletes in the team, training, practice and game environments. <a href="#">Go to clinic &gt;</a>	-	Completed
2024-2025	● Coach	<b>Hockey Canada Coach 2 – U11</b> Hockey Canada Coach 2 – U11 <a href="#">Go to clinic &gt;</a>	-	Completed
1999-2000	● Coach	<b>Coach 2 - Coach Level</b>	-	Trained

\*\* Coaches who have previously taken the HU Online Coach ½ and or a Coach 1 or Coach 2 (in person) clinic do not need to take the new Online clinic (s). They are required to take the clinic appropriate for their age and level moving forward

\*\* Hockey Canada Coach 1 and 2 online clinics are offered in both English and French. Please make sure your coaches chose the appropriate language course for them.

### In Person Clinic Portion

#### Coach 1:

- The clinic will consist of 3.5 hours of Class time and 1.5 hours of ice time. Class time must come before the Ice time. We ask for ice time just after lunch
- Cost of the clinic is \$110 plus tax per person.
- Clinics are to be run during the day (Saturday or Sunday). Clinics can run: 8am-1pm or 9am-2pm (including a 30 minute break for coaches to get ready for the ice and have a snack)

#### Coach 2:

- The clinic will consist of 4.5 hours of Class time and 1.5 hours of ice time. Class time must come before the Ice time. We ask for ice time just after lunch
- Cost of the clinic is \$110 plus tax per person.
- Clinics are to be run during the day (Saturday or Sunday). Clinics can run: 8am-2:30pm or 9am-3:30pm (including a 30 minute break for coaches to get ready for the ice and have a snack)

### New Development 1 Clinic

#### Development 1 eLearning (LMS) Clinic

- Hockey Canada has re vamped the Development 1 clinic
- The Development 1 clinic will now consist of an Online eLearning (LMS) Portion, and a 1 day In Class portion.
- The Online eLearning Portion is a mandatory pre requisite clinic that must be taken before a coach can register for the In Class Portion of the clinic. The eLearning portion can be taken at any time

English- <https://page.spordle.com/heo/clinics/1f052b27-e863-6434-b03e-0627b38ad1df>

French- <https://page.spordle.com/heo/clinics/1f052b47-7de5-6e98-9b00-02347ea6fef5>

## **Development 1 In Class Clinic**

- The In Class portion will take place on Saturday or Sunday
- The In Person Clinic will take place from 8am to 5pm and will require 1.5 hours of Ice Time- right around Lunch Time.
- Cost of the clinic is \$110 plus tax per person.

\*\*MHA's can charge on top of the HEO to recoup their cost for hosting the clinic

### **Clinic Application Form**

[Hockey Eastern Ontario](#)

**Please make sure that all coaches are aware, and sign up for the necessary clinic**

We will be offering weekly free Professional Development clinics throughout the season. The schedule is being worked on, and will be sent out once it is finalized

**We ask that you forward this Memo to the necessary people in your association.**

Let me know if you have any questions.